



Patient's guide to Diagnostic testing

Dear Patient:

Your doctor has determined that in order to better diagnose your specific case, further tests will need to be conducted. The test results will assist the doctor in establishing a treatment plan customized to your needs. The diagnostic tests will not create any side effects, so you may resume your normal activities the same day. A board certified neurologist or physiatrist will review your test results and send a complete report to your doctor within a week. Your test has been scheduled for:

Date: _____

Time: _____

Please arrive at least 15 minutes before your appointment to ensure adequate time for your diagnostic tests. If you have not been contacted to schedule your appointment within 4 days of your referral you may contact the toll free scheduling line at: (888) 623-8378 to inquire about the status of your appointment.

Patient checklist:

Meals	There are no restrictions to your normal diet. Avoid tobacco and caffeine two hours before your test.
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Clothing	The technician will need to administer the test on your arms, legs and/or back. Please wear loose fitting clothing. Please do not wear jeans.
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Lotions	For best results bathe or shower before your test. Body oils may interfere with the test results. Please do not use lotions, bath oils or creams before your test.
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Medications	Do not take anti-inflammatory medication 4-6 hours prior to your test.
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Be on time	Make sure you allow the proper time for your test. A test usually takes up to 30 minutes per study performed.
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